

## SPEAKERS: WEDNESDAY 1 SEPTEMBER

### Morning Symposium (10:00 – 11:00)



**Dr Kubendra Naidoo** is the Deputy Medical Director at the Mersey Care NHS Trust in Liverpool, United Kingdom. He is the Lead for Adult ADHD service development in Mersey Care NHS Trust and the Chairman of the ADHD Foundation in the UK. He was awarded the Lilly prize in 2010 for Innovations in Adult ADHD treatment. Dr Naidoo is also an Honorary Clinical Lecturer at the University of Liverpool and an examiner for the Royal College of Psychiatrists membership examination since 2011. He was awarded the Evaluator of the Year prize in 2014 by the Royal College CESR Committee. Dr Naidoo has had numerous publications and peer reviewed presentations relevant to the assessment and treatment of ADHD.

### Afternoon Symposium (12:30 – 13:30)



**John T. Mitchell**, PhD, is an Associate Professor in the Department of Psychiatry and Behavioral Sciences at Duke University and a faculty member in Duke's ADHD Program. Dr. Mitchell has published over 70 peer-reviewed journal articles and book chapters, with a primary focus on ADHD, including developmental outcomes, assessment and treatment, and co-occurring substance use. He conducted the first controlled study of a mindfulness-based treatment program for adults with ADHD—the MAPs for ADHD Program—and in 2021 co-authored a treatment manual on this intervention. Dr. Mitchell regularly provides training to clinicians on the assessment and treatment of ADHD in adulthood.

### Scientific Session 1 – General (14:00 – 16:10)



**Professor Mark Smith** is the incoming Director at University of Stellenbosch Business School (SA). He was previously at Grenoble Ecole de Management (FR) as Professor Human Resource Management, Faculty Dean (2016-20), Director of the Doctoral School (2013-16), Head of Department (2012-13), and research team leader "Work Life Careers" (2012-15). Prior to working in France he worked at Manchester Business School (UK). His research interests focus on careers and labour market policy & outcomes for women and men including working conditions, working-time, and work-life integration. He has carried out research work for a number of European and National institutions and is a member of the expert group for the European Commission's on Gender Equality. He has recently finished work on a large-scale European projects on the impact of the crisis on youth and the role of Pay Transparency in closing gender pay gaps.

He has authored or co-authored over fifty books, book chapters and journal articles. He publishes regularly in the media about his research and the management of business schools.



**Professor Stephen Faraone** is Distinguished Professor and Vice Chair for Research in the Department of Psychiatry at SUNY Upstate Medical University. He is also Senior Scientific Advisor to the Research Program Pediatric Psychopharmacology at the Massachusetts General Hospital. Prof. Faraone studies mental disorders in childhood and has ongoing research in psychiatric genetics, psychopharmacology, with a current focus on predictive modelling. An author on over 1000 journal articles, editorials, chapters and books, In 2005, ISI determined him to be the second highest cited author for Attention Deficit Hyperactivity Disorder (<https://bit.ly/35Nk3Kc>). From 2014 to 2019 he has been listed as a highly cited researcher by Thomson Reuters/Clarivate Analytics. In 2019 and 2020, his citation metrics placed him in the top 0.01% of scientists across all fields (<https://bit.ly/3j3NjEG>). In 2021, expertscape indicated he was the top-rated expert in ADHD, worldwide (<https://bit.ly/3j9n8w2>). His lifetime H-Index as of August 2020 was 213. Prof.

Faraone heads the educational website [www.adhdinadults.com](http://www.adhdinadults.com). He is President of the World Federation for ADHD and was a Founding Board member for the American Professional Society of ADHD and Related Disorders. In 2002, Professor Faraone was inducted into the CHADD Hall of Fame in recognition of outstanding achievement in medicine and education research on attention disorders. In 2010 he received the Chancellor's Award for Excellence in Scholarship and Creative Activities from the State University of New York. In 2018 he received the Lifetime Achievement Award from the International Society of Psychiatric Genetics and in 2019 he received the Paul Hoch Award from the American Psychopathological Association.



**Dr Suntheren Pillay** is a Specialist Psychiatrist in Private Practice since 2002. He works at 2 extremely busy practices at St Josephs Hospital and Akeso Umhlanga. He qualified with a MBCHB in 1992. Post internship he joined the Department of Psychiatry and obtained in his FCPsych. In 2000 he trained in Cognitive Behavioural Therapy under Professor Aaron T. Beck at Beck Institute in Pennsylvania. He has extremely diverse interests and enjoys being a the cutting edge of psychiatry. His has an interest in ADHD across the lifespan, Bipolar Mood disorder and treatment resistant Anxiety and Depressive disorders Therapeutically he has had an interest in the application of Deep Transcranial Magnetic Stimulation and Ketamine treatment in psychiatry since 2013. Genomics and Pharmacogenomics has been a long term fascination and now enjoys the use of the above to assist with Diagnostics and the practice of personalised precision psychiatry



**Dr Richard Sykes** is a psychiatrist in private practice in Pretoria, as well as part time consultant psychiatrist at Weskoppies Hospital (University of Pretoria). He holds a master's degree in clinical pharmacology and has special interests in adult ADHD, psychopharmacology and psychodermatology. Dr. Sykes is also an associate member of the International College of Neuropsychopharmacology (CINP).

### Scientific Session 2 – Psychiatric comorbidity (16:35 – 18:00)



**Dr Larry Klassen** is a psychiatrist at Eden Mental Health Centre in Manitoba, Canada, who specializes in the treatment of adults with Mood and Anxiety Disorders, as well as ADHD. He is involved in the ongoing education of residents and medical students at the University of Manitoba, providing educational opportunities within his varied clinical practice. Dr. Klassen is the Research Chair of Eden Mental Health Centre, and has developed a research program that is focused on Mood and Anxiety disorders, as well as ADHD in adults. He is the lead author on a number of research publications looking at ADHD as well as comorbidities. He has co-authored and worked on numerous other publications and projects focused on ADHD, Mood and Anxiety disorders, including the Canadian Anxiety Disorders guidelines. Dr. Klassen has a clinical practice in general outpatient psychiatry. This involves expert consultation, diagnosis, treatment and follow-up.



**Dr Lize Weich** is a psychiatrist at Stikland Hospital and a senior lecturer in the Department of Psychiatry, Stellenbosch University. She is responsible for coordinating addiction services for the psychiatric hospitals in the Western Province. She also coordinates pre- and postgraduate training in addiction care at the University; including the Postgraduate diploma in Addiction Care, Masters in Addiction Care and MPhil in Addiction Psychiatry programs.

### Evening Symposium (19:30 – 20:30)



**Dr Jason Kilmer** is an Associate Professor in Psychiatry and Behavioral Sciences at the University of Washington (UW), and serves as an investigator on studies evaluating prevention and intervention efforts for alcohol, cannabis/marijuana, and other drug use by college students. In addition to research and teaching, he has worked extensively with college students and student groups around alcohol and other drug prevention programming and presentations throughout his career, both at UW and on over 100 campuses across the U.S. Jason also serves as the chairperson of Washington state's College Coalition for Substance Abuse Prevention. Jason is the principal investigator of the Washington Young Adult Health Survey. The survey launched in 2014 prior to the opening of cannabis retail stores after legalization of non-medical cannabis, and has collected substance use data from young adults annually to monitor trends and emerging prevention needs. Jason was the 2014 recipient of the National Prevention Network's Award of

Excellence for outstanding contributions to the field of prevention, and was also the 2017 recipient of the Washington State Prevention Professional Award of Excellence. He was a 2017 recipient of the Sue Kraft Fussell Distinguished Service Award from the Association of Fraternity/Sorority Advisors, and also received the 2018-2019 Research Award from NASPA's Student Athlete Knowledge Community for outstanding contributions to scholarship highlighting the shared interests of athletics and student affairs. Jason has been a 2017, 2018, and 2019 recipient of the Excellence in Teaching award by the MEDEX Northwest Physician Assistant Training Program.