

SPEAKERS: THURSDAY 2 SEPTEMBER

Morning Symposium (08:00 – 09:00)



Dr Adri van der Walt is a Paediatric Neurologist in Bellville in South Africa. She completed her basic medical training in 1974 and continued to do a BSc in Human Genetics, a MSc in Paediatrics at Stellenbosch University and then entered Private practice. In 2002 registration as a Paediatric Neurologist was obtained. She also attended a MSc course in Neurodevelopment at Wits University. Experience and interest in Epilepsy, ADHD and school and learning problems were fueled by working as a consultant at a Remedial school for Epilepsy and Learning Problems. Her focus in practice is at present on Neurodevelopmental issues with ASD, ADHD and School and Related Disorders. She has been part of drug trials for the evaluation of meds for ADHD, Epilepsy and some behavioral conditions. She also serves on the Neurodiversity Foundation.

Afternoon Symposium (12:30 – 13:30)



Professor Mark Smith is the incoming Director at University of Stellenbosch Business School (SA). He was previously at Grenoble Ecole de Management (FR) as Professor Human Resource Management, Faculty Dean (2016-20), Director of the Doctoral School (2013-16), Head of Department (2012-13), and research team leader "Work Life Careers" (2012-15). Prior to working in France he worked at Manchester Business School (UK). His research interests focus on careers and labour market policy & outcomes for women and men including working conditions, working-time, and work-life integration. He has carried out research work for a number of European and National institutions and is a member of the expert group for the European Commission's on Gender Equality. He has recently finished work on a large-scale European projects on the impact of the crisis on youth and the role of Pay Transparency in closing gender pay gaps.

He has authored or co-authored over fifty books, book chapters and journal articles. He publishes regularly in the media about his research and the management of business schools.

Scientific Session 3 – General (14:00 – 16:10)



Professor Jeffrey Newcorn is Professor of Psychiatry and Pediatrics; Director of the Division of ADHD and Learning Disorders, and Director of Pediatric Psychopharmacology; Icahn School of Medicine at Mount Sinai. Dr. Newcorn is a highly regarded researcher in the areas of ADHD, aggression, descriptive psychopathology of child and adolescent disorders, and child and adolescent psychopharmacology, whose work spans both clinical and translational topics. Over the course of his career, he has published over 350 articles and book chapters on these and related subjects. Dr. Newcorn has received numerous awards for his work, including the Hulse Award for lifetime achievement from the New York Council on Child and Adolescent Psychiatry (2002), and the Elaine Schlosser Lewis Award for Research in Attention Deficit Disorder (2018). He was elected to the CHADD Hall of Fame in 2014. Dr. Newcorn is the Principal Investigator or Co-Investigator on several NIH-funded grants that examine the clinical, genetic,

neuroanatomic and neurophysiologic basis of ADHD its treatment, as well as the neurobiological basis of substance abuse risk. He also directs an active clinical trials program, and has studied many of the recent medication treatments for ADHD. Dr. Newcorn is an internationally recognized educator and mentor, and is an editorial board member of several leading child psychiatry/psychology and psychopharmacology journals. He was a member of the steering committee of the NIMH-funded multicenter study "Multimodal Treatment of Children with ADHD (MTA)" and the DSM-IV advisory committees on child and adolescent disorders and disruptive behavior disorders. He was a founding member of the board of directors of the American Professional Society for ADHD and Related Disorders (APSARD), and has served as President since 2020.



Dr Andreia Hazewinkel is a psychiatrist in the Netherlands, specialising in ADHD and sleeping disorders. She was trained at the Leiden University Medical Centre and has worked at PsyQ mental health services ever since. She is a part of the PsyQ ADHD Knowledge Centre in the Netherlands.



Dr Eileen Africa received her PhD in Sport Science in December 2006 from Stellenbosch University and began her career in January 2007 at the same University. She started her research journey in the field of gross and fundamental movement skills development in 2004 and continued in the field of adolescent health. She made a U-turn in 2007 where she re-directed her focus to early childhood development, physical activity and gross and fundamental movement skills for all children and became increasingly interested in and fascinated with special needs. In 2009, she initiated the Honours Kinderkinetics programme at the Department of Sport Science, Stellenbosch University. She is currently still the coordinator of the programme and delivered 13 Masters students and 1 PhD student since the programme started. She has presented research at 15 international and 13 national conferences and has published 2 abstracts and 11 articles in peer reviewed journals. Dr Africa is a member of the International Motor Development Research Consortium as well as the South African Professional Institute for Kinderkinetics.

In addition, she has 5 social impact projects servicing the traditionally underserved communities in and around Stellenbosch, giving students the opportunity to strengthen connections and empower communities.

Scientific Session 4 – Controversies (16:35 – 18:00)



Dr Jason Kilmer is an Associate Professor in Psychiatry and Behavioral Sciences at the University of Washington (UW), and serves as an investigator on studies evaluating prevention and intervention efforts for alcohol, cannabis/marijuana, and other drug use by college students. In addition to research and teaching, he has worked extensively with college students and student groups around alcohol and other drug prevention programming and presentations throughout his career, both at UW and on over 100 campuses across the U.S. Jason also serves as the chairperson of Washington state's College Coalition for Substance Abuse Prevention. Jason is the principal investigator of the Washington Young Adult Health Survey. The survey launched in 2014 prior to the opening of cannabis retail stores after legalization of non-medical cannabis, and has collected substance use data from young adults annually to monitor trends and emerging prevention needs. Jason was the 2014 recipient of the National Prevention Network's Award of Excellence for outstanding contributions to the field of prevention, and was also the 2017 recipient of the Washington State Prevention Professional Award of Excellence. He was a 2017 recipient of the Sue Kraft Fussell Distinguished Service Award from the Association of Fraternity/Sorority Advisors, and also received the 2018-2019 Research Award from NASPA's Student Athlete Knowledge Community for outstanding contributions to scholarship highlighting the shared interests of athletics and student affairs. Jason has been a 2017, 2018, and 2019 recipient of the Excellence in Teaching award by the MEDEX Northwest Physician Assistant Training Program.

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Dr Francois Esterhuizen is a Child- and Adolescent Psychiatrist.

Qualifications: 1996: MBChB (Pret), 2002: FC Psych (SA), 2003: M Med Psych (Pret), 2004: Cert Child Psych (SA). He started his career in Psychiatry in 1998 at Weskoppies State Hospital. He has been in private practice since 2004. Currently he sees in-patients at Akeso (Arcadia) hospital and Denmar hospital. He also does session work at the Department of Psychiatry at Steve Biko Hospital. In applying the Biopsychosocial approach, he believes in the uniqueness of every patient, requiring an individual treatment plan in the context of his/her family and social setting. He has an interest in mood disorders and the influence of comorbidities on the presentation and treatment of ADHD in adolescents.

Evening Symposium (19:30 – 20:30)



Alison Bentley has been seeing patients with sleep problems, both adults and children, off and on over the last 30 years. She ran the first private diagnostic sleep laboratory in South Africa from 1990 to 1998. After joining Wits University she was head of the Wits Dial.a.Bed Sleep Laboratory in the School of Physiology for 10 years. She was the founding chairperson of the Sleep Society of South Africa in 1996 and served two terms representing Africa on the governing council of the World Association of Sleep Medicine (WASM). She has supervised more than 10 Masters and 2 PhD students on sleep-related topics. She has over 30 published peer-reviewed articles and two book chapters. She has presented over 40 formal invited presentations at conferences ranging from the International Paediatrics conference and World Association of Sleep Medicine

to local conferences such as SA Thoracic Society and PainSA. She is currently in private practice in Johannesburg which includes a company that runs home based apnea diagnostic tests. She is also the interim chairperson of the newly constituted South African Society for Sleep and Health.