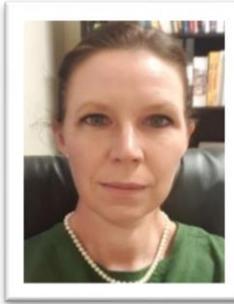


## SPEAKERS: FRIDAY 3 SEPTEMBER

### Scientific Session 5 – Medical comorbidity (14:00 – 16:00)



**Dr Lindokuhle Thela** is a specialist psychiatrist and neuropsychiatrist. He works at King Edward VIII Tertiary Hospital in Durban KwaZulu Natal. His interest are in Epilepsy neuropsychiatry, HIV and Geriatric psychiatric disorder.



**Dr Michelle King** obtained her MBChB in 2000 and her MMed(Psych) in 2007 at the University of Pretoria. She completed her Masters in Early Childhood Intervention in 2011, also at the University of Pretoria. She has completed Postgraduate Diplomas in both Interdisciplinary Pain Management (2019) and Palliative Medicine (2020) at University of Cape Town (and is awaiting her HPCSA registration for this). She is a Council member of PainSA and in addition to her practice she is part of the Limpopo pain clinic. This is an interdisciplinary team that offers both chronic pain management and palliative care services. Dr King is a member of the ADHD, Reproductive Mental Health and Addiction Medicine special interest groups and is a member of PALPRAC. In the last year she has presented several webinars including: The psycho-social side of chronic pain, Ethics during the time of COVID, Communication skills during COVID, Getting a handle on trauma, Managing burnout and self-care strategies, Sleep disorders in clinical practice and Chronic pain in oncology. She writes for Oncology buddies magazine and has written the

following articles in the last year: Helping children cope with grief, Pain in the workplace, The misuse of OTC medication and Managing fatigue.



**Professor Renata Schoeman** ([www.renataschoeman.co.za](http://www.renataschoeman.co.za)) has been in full-time private practice as a general psychiatrist (child, adolescent and adult psychiatry) since 2008, with a special interest in all disorders affecting cognition. She is the convenor of the SASOP Special Interest Group for ADHD and is the head of the MBA in Healthcare Leadership at the University of Stellenbosch Business School. She co-founded the Goldilocks and The Bear Foundation ([www.gb4adhd.co.za](http://www.gb4adhd.co.za)) in 2017. She has published in many peer-reviewed journals and co-authored “All of these things are important to me”.

During her post-graduate studies, she trained at Harvard in neurocognition and neuroimaging. Her awards include the Young Minds in Psychiatry award from the APA, the Discovery Foundation Fellowship award, a Thuthuka award from the NRF, and an MRC Fellowship. She also received the Top MBA student award and the Director’s award from USB for 2015. She was a finalist for the

Businesswomen’s Association of South Africa’s Businesswoman of the Year Award for 2016 and received the Excellence in Media Work award from SASOP during 2016. During 2018 the Goldilocks and The Bear Foundation received the SASOP Award for Community Service. In both 2018 and 2019 she has received the Media Excellence Award as Thought Leader, while in 2019 she has also received the Media Excellence Award as Newsmaker from the University of Stellenbosch. She was also honoured as a Mental Health Hero by both the Discovery Foundation during 2019 and WELUM in 2021.

### Scientific Session 6 – Technology (16:30 – 18:00)



**Professor Katya Rubia** is Professor of Cognitive Neuroscience, Deputy Head of Department of Child & Adolescent Psychiatry at the IOPPN, KCL and also a KCL-Dresden Transcampus Professor at Dresden University, Germany. Prof Rubia is a world-leading expert of MRI neuroimaging of ADHD with over 27 years of expertise. Her work focusses on functional and structural neuroimaging of child psychiatric disorders, most prominently of ADHD but also other related disorders such as autism, conduct disorder, obsessive-compulsive disorder and child abuse. Other topics are pharmacological neuroimaging of drugs used in ADHD with fMRI and PET. Her more recent interest is the investigation of neurotherapies such as fMRI-Neurofeedback and non-invasive brain stimulation in children with ADHD. Prof Rubia is also conducting studies on the brain correlates of Meditation. Prof Rubia has published more than 200 papers

in high impact journals, with an h-factor of 93. She was included in the Clarivate 2019 and 2020 as one of the most cited researchers of the past decade. Her research is funded by the Medical Research Council UK (MRC), National Institute of Health Research (NIHR), various charities and industry. She obtained the European Kramer-Pollnow Prize for her contribution to research in child psychiatry in 2013 and is a corresponding foreign member of the Royal National Academy of Medicine of Spain. She sits on several grant review panels like the UK Medical Research Council and the Editorial boards of several Neuroscience journals including Biological Psychiatry.



**Dr Brendan Belsham** has been in private practice as a child and adolescent psychiatrist in Johannesburg for the past 20 years. He has published several papers in peer-reviewed journals and serves as a reviewer for the South African Journal of Psychiatry. He has presented at local and international scientific meetings, educational groups, churches and schools. He has appeared on television, spoken on radio and written for magazines. His book *What's the fuss about ADHD?* explores the controversies around ADHD. His special interests include early parenting, attachment and ADHD.

Facebook: <https://www.facebook.com/Dr-Brendan-Belsham-278436355589520>

Website: <http://www.drbelsham.com/>

### **Evening Symposium (19:30 – 20:30)**



**Dr Ingrid Williamson** is a psychiatrist in private practice at Mediclinic Sandton. She obtained her B.Med.Sci. from Pretoria University in 1981 and her M.B.Ch.B. from Pretoria University in 1985. Dr Williamson completed 8 years of general medicine in state hospitals and GP practice. In 1998 she obtained her F.C.Psych. (College of Medicine/Wits University) and has been in private practice since 1999.

Dr Williamson has an interest in General Adolescent Psychiatry, Addiction Psychiatry and Perinatal Psychiatry. She is a member of South African Addiction Medicine Society and a member of SASOP ADHD Special Interest Group